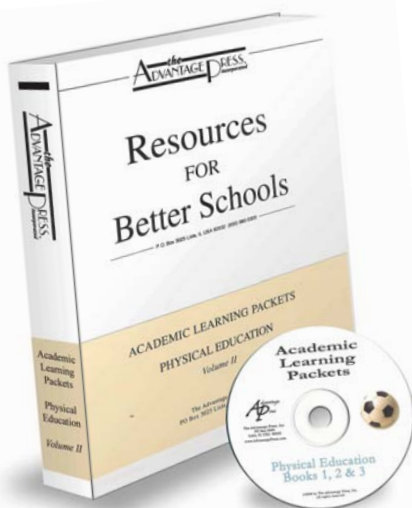


Out of P.E. because of an injury? Not anymore!

- ✓ Eliminate all P.E. excuses with our “No Excuses” packets
- ✓ Ready to use P.E. & Health lessons
- ✓ Add an academic component to your P.E. classes
- ✓ Fill in curriculum & grading gaps with our Academic Learning Packets (ALPs)
- ✓ NEW & UPDATED PROGRAMS FOR THIS SCHOOL YEAR
- ✓ For FREE shipping & trial CD offer see order form



Instant P.E. & Health Lessons to Give You More Flexibility



- Academic Learning Packets (ALPs) help you solve day to day instructional challenges
- Packets are organized in notebooks or on CDs by topic
- Simply photocopy or print a lesson and give it to one student or the whole class
- An excellent resource for non-participants
- A 35–40 minute complete lesson

www.advantagepress.com

Advantage Press has been providing P.E. & Health educators with practical curriculum resources since 1987. Over 10,000 junior & senior high schools have purchased our programs. Some 94% say that Academic Learning Packets help students better understand and appreciate a sport or activity.

Physical Education Packets

Each P.E. Notebook or CD contains eleven packets. Every packet includes these sections:

- History and rules of the game
- Skills and techniques needed
- Questions and puzzles
- How the sport is played
- Current events and internet sites
- Teacher answers



Our CDs help you gain greater control on how you use Physical Education Packets. For example, the ALP #1 CD (Cat. #985) contains all thirty-three P.E. packets and works with both PCs and Macintosh® computers.

Physical Education Notebook I

1. Volleyball
2. Badminton
3. Tennis
4. Basketball
5. Bowling
6. Soccer
7. Archery
8. Wrestling
9. Golf
10. Field Hockey
11. Baseball

Cat. #981 **139 pages**

Physical Education Notebook II

12. Gymnastics
13. Football
14. Weightlifting
15. Dance
16. Field
17. Track
18. Racquetball
19. Softball
20. Handball
21. Karate
22. Aerobics

Cat. #982 **151 pages**

Physical Education Notebook III

23. Ice Hockey
24. Dodge Ball
25. Water Polo
26. Team Handball
27. Lacrosse
28. Frisbee
29. Netball
30. Table Tennis
31. Flag Football
32. Floor Hockey
33. Cardio Kickboxing

Cat. #983 **125 pages**

THIRTY-THREE SPORTS! • THIRTY-THREE LESSONS!

Related Material: Sports & Health Notebooks & CDs

Supplement your PE packets with our sports, health and nutrition CDs and notebooks. These articles bring to students some amazing sports, fitness and health information.

- Each notebook consists of twenty articles taken from popular newspapers
- Packets are 6–7 pages in length, including questions and puzzles
- Complete answers are provided in a teacher section
- Notebooks have over 130 pages of material
- CDs contain both current and previously published health, nutrition and sports packets
- All CDs work with both PCs and Macintosh® computers and come in Adobe's PDF format
- Teacher answer sections included on the CD

CD#2 (Cat #986) contains our **Sports Stories** packets from editions 1997, 1999, 2001, 2003 & 2007. We also include our 2005 **Sports Champions** book. 125 Lessons. 873 Pages.

CD#3 (Cat #987) contains our **Health** packets from editions 1997, 2001, 2003, 2006 & 2009. We also include our 1997, 2000, 2002, 2005 & 2009 editions of **Drugs and Sex Education**. 185 Lessons. 1,246 Pages.

CD#4 (Cat #988) contains our 2001, 2004 & 2008 **Nutrition** books. Also included are our **Wellness and Health Tips** books for 2002 & 2008. 125 Lessons. 900 Pages

CD#5 (Cat #989) contains our 2008 **Summer and Winter Olympics** books. Eleven sports are featured in each book for a total of 22 Lessons. 282 Pages.

*Advantage***Press**_{INC.}

PO Box 3025
Lisle, IL USA 60532

PRESORTED
STANDARD
U.S. POSTAGE
PAID
PRIME MAILING
SERVICES

PRINTED MATTER

*Advantage***Press**_{INC.}

P.E. HEALTH PROGRAMS

Student Learning Packets for P.E. & Health Classes



***New & Updated
Material Available!***

www.advantagepress.com